



## Newsletter

September, 2020

C@YKids (Cayman Cyber Kids) is a new programme that takes on the hard issues surrounding cybersecurity and the way we keep our family safe. Our first priority is creating awareness on these topics such as the healthy use of devices, protecting your personal information and recognition of malicious predatory behaviour

# STOP CYBERBULLYING

## What is Cyberbullying?

Cyber bullying is an aggressive and intentionally hurtful or intimidating behavior online directed towards someone.



## Recognizing signs of Cyberbullying:

- Anger, depression or frustration after using any devices.
- Stop accessing social media, apps, or game.
- Uneasy about going to school.



## Help your children to take action:

- Save the text, posts, emails.
- Don't reply and don't delete them.
- Inform schools and authorities about the situation for further guidance & instructions.
- Or reach out to C@YKids so we can see how we can help you.



## How to be on the Alert For parental guide.....

- Check for safety, blocking and reporting resources on each site being used.
- Remember that even though your child's profile may be set to private, that will not prevent them from seeing what others post and share.
- Talk about what is an acceptable and respectable post.



## SAFE and SECURE ONLINE

### GAMING TIPS

- Encourage kids to set up private chats with trusted friends to avoid unwanted comments and exposure to inappropriate conversations.
- Encourage your kids to keep chats conversation relevant to the game.
- Implement restrictions in the app store and search engine such as google.





# Communicate and Supervise

- Anything posted or sent through the internet is impossible to fully remove.
- A good Communication is the key between your kids.



## Top six tips

- Set rules
- Start early and keep talking
- Teach passwords and privacy
- Monitor and communicate
- Explain sexting
- Protect, update and

### Backup cyberbullying tips

Cyberbullying can happen anywhere hurtful or offensive. Children can be taught that anonymity is not an excuse to say anything you would not say directly to a person's face interactions.



## Stop Cyberbullying Be Cyber Kind

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**6 Albert Panton Place**  
**Heroes Square,**  
**2nd FLOOR FORT ST BUILDING**  
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**Contact Us At:**  
**345-526-0697**  
**[www.Cykids.ky](http://www.Cykids.ky)**

**How can we be of help**  
**Follow C@YKids to Cybersafe**  
**[www.CYKIDS.KY](http://www.CYKIDS.KY)**